

QRTP: WHAT DOES IT MEAN AND OPPORTUNITIES FOR INNOVATION

NOVEMBER 2019



STARTING POINT: OUR SHARED VALUE

Every child deserves a safe, stable family every day.

NEW CONTINUUM OF PLACEMENT CARE

Family-Like Settings

- Provisional Relative Foster Homes
- Foster Homes
- Private License Placement Agencies Foster Homes
- Therapeutic Foster Homes (Treatment)
- Provider Family Style Care for Sibling Groups

Treatment

- Developmental Disabilities Providers
- **Qualified Residential Treatment Programs (QRTP)**

Medically Necessary Treatment

- Comprehensive Psychiatric Residential Treatment (Sub-Acute)
- Psychiatric Acute

Other

- Emergency Shelters

QUALIFIED RESIDENTIAL TREATMENT PROGRAM

- TRAUMA-INFORMED TREATMENT MODEL
- FOR “CHILDREN WITH SERIOUS EMOTIONAL OR BEHAVIORAL DISORDERS OR DISTURBANCES”
- INVOLVES FAMILY MEMBERS TO THE EXTENT APPROPRIATE (AND IN BEST INTEREST OF CHILD)
- DISCHARGE PLANNING AND FAMILY-BASED AFTERCARE SUPPORT FOR > 6 MONTHS AFTER DISCHARGE
- NURSING STAFF AND OTHER LICENSED CLINICAL STAFF ON-SITE, AVAILABLE 24-HOURS A DAY



Youth who have a severe emotional disturbance diagnosis and are not able to function in a family setting.



Youth who have a history of multiple placement disruptions and are not able to function in a family like setting.



Youth who are discharging from a higher level of care are still in need of a structured setting and are not able to function in a family like setting.

WHO IS APPROPRIATE FOR A QUALIFIED RESIDENTIAL TREATMENT PROGRAM (QRTP)

QRTP FEDERAL PLACEMENT REQUIREMENTS



CANS assessment conducted by eQHealth within 30 days of placement to determine appropriateness of placement based on strengths and needs of the child.



Court review and approval of placement within 60 days of placement; Documentation for continuation required at each status hearing



Placement for more than 12 months requires approval of DCFS Director. Request will be sent to DCFS Director through the SSU.



Placement for more than 6 months for a child under age 13 requires approval of DCFS Director. Request will be sent to DCFS Director through the SSU.



Family and permanency team meeting as part of the assessment process

REFERRAL PROCESS: CFS-367

- Referrals for QRTP via CFS-367 will be sent to the Specialized Services Unit (SSU) by emailing:
Residential.Placement.Referral@dhs.Arkansas.gov.
- SSU will monitor this inbox designated for QRTP referrals and review 367s for appropriateness.
- If appropriate the referral will be forwarded to the QRTP providers based on proximity and the best fit for the youth. Discussion led by the SSU about potential placement(s) will be held with the primary FSW.
- If QRTP is not an appropriate setting, options for an alternate placement must be discussed.

**ADDITIONAL
DOCUMENTATION
TO ACCOMPANY
THE CFS - 367**

Current case plan

Current CANS

Placement history

Therapy notes within the last 365 days

Educational documents

IEP within the last 365 days

Psychiatric evaluation within the last 180 days

Safety plan if applicable

Developmental evaluation within the last 365 days

Psychological evaluation within the last 365 days

Discharge notes within the last 60 days

QRTP ASSESSMENT

QRTP Assessments will be completed by licensed mental health professionals employed by eQHealth. Assessors will use the CANS as the assessment tool.

Assessments will take place with the child's family and permanency team at a location convenient for the family. This could include the placement provider or the DHS office.

The family and permanency team consists of : the youth, family if appropriate, fictive kin, CASA, Attorney Ad Litem, appropriate professionals who are a resource to the family such as teachers, medical or mental health providers that have treated the child.

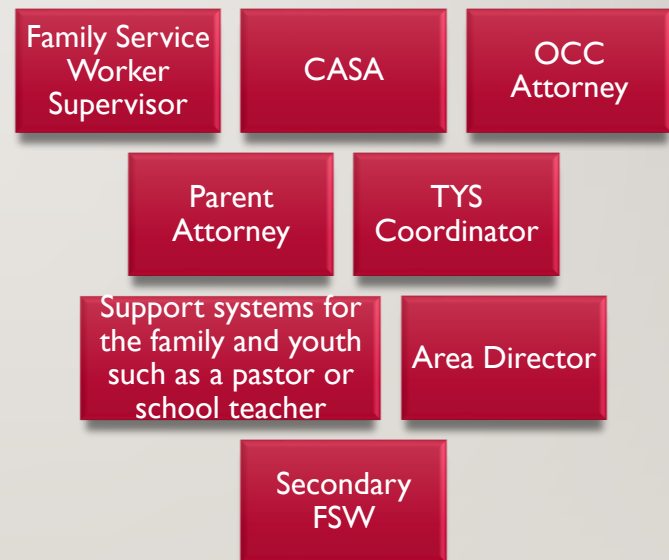
Assessments will determine if a youth can be placed in a family like setting or is in need of a higher level of care such as QRTP.

WHO SHOULD BE INVITED TO THE ASSESSMENT MEETING

ESSENTIAL



MAY ATTEND



ASSESSOR WILL.....

Receive and review initial and additional documentation including the CFS - 367

Complete CANS assessment

Complete determination form

Approve requests for QRTP placement

Generates letter to be viewable on portal for SSU team

WHEN A YOUTH DOES NOT QUALIFY FOR QRTP

APPEAL PROCESS

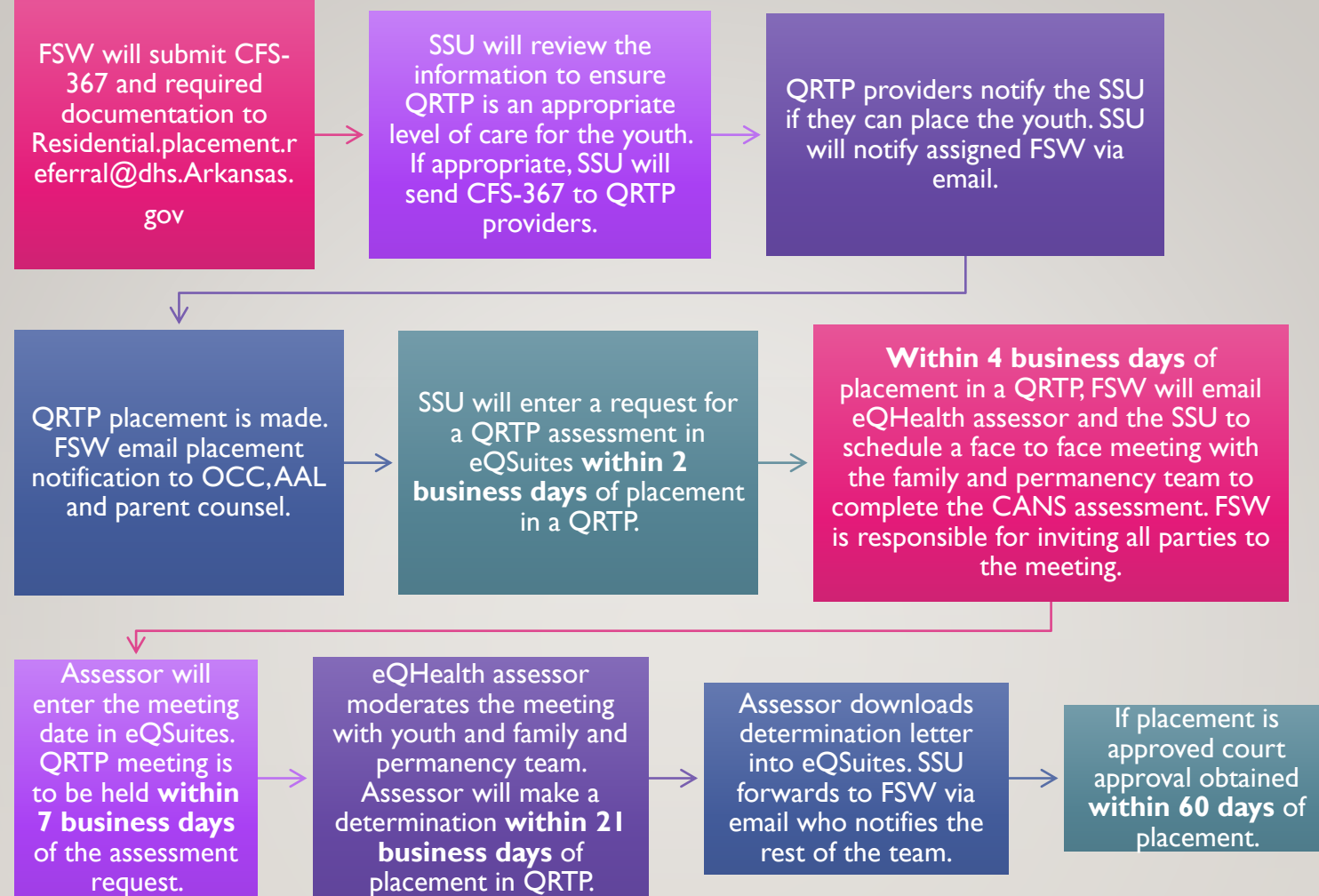
DCFS will appeal all QRTP denials that result from the QRTP assessment. The SSU will file a reconsideration request to eQHealth within 24 hours.

APPEAL UPHELD

Youth must be moved to another placement type such as a foster home or a therapeutic foster home within 30 days of the denial.

QRTP PROVIDER RESPONSIBILITIES

Participate in	Participate in QRTP assessment if appropriate
Provide	Provide monthly progress report to FSW
Engage	Engage youth's family or fictive kin in treatment (including siblings)
Education	Ensure youth is enrolled in an appropriate educational setting. Education placement is based on the youth's needs.
Provide	Provide documentation for each court hearing that shows continued placement in QRTP is in the best interest of the youth
Provide	Provide after – care services for a minimum of 6 months after youth discharges from the program



DETAILED REFERRAL AND PLACEMENT PROCESS

QRTP DISCHARGE

QRTP
CONTRACTORS
MUST PROVIDE A
MINIMUM OF SIX
(6) MONTHS OF
POST –
DISCHARGE
SERVICES.

POST DISCHARGE REQUIREMENTS FOR CONTRACTOR

- Referral for community-based services
- Coordination of services in conjunction with the PASSE Care Coordinator
- Participation in family and permanency team staffing via telephone
- Initial contact with client, family, resource parent or other placement provider within seventy-two (72) hours of discharge
- Weekly telephone call with client and caretaker within the first (30) days after discharge and monthly thereafter

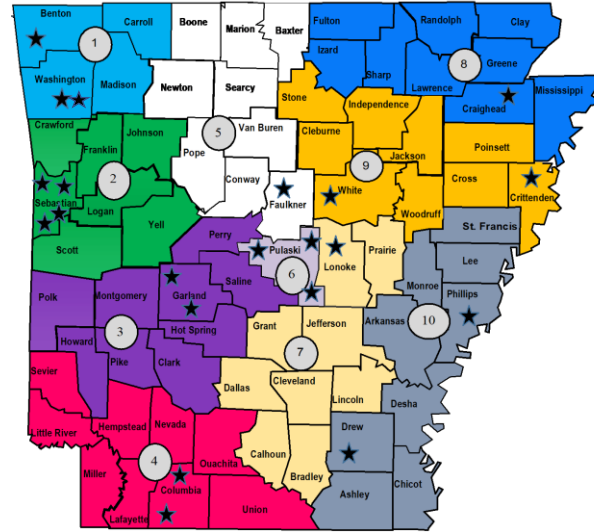


DISCHARGE BEST PRACTICE

- Contractors must provide a 30 day discharge notice unless the youth is displaying suicidal or homicidal behaviors.
- If a contractor does not believe that a youth is benefiting from the program and is requesting discharge, the team should conduct a staffing to discuss placement recommendations and next steps.
- Youth should not QRTP hop. All contractors should provide the same level of care and services.
- QRTP is treatment and time limited. Discharge planning should begin upon admission.

IS THERE A QRTP NEAR ME?

ARKANSAS DEPARTMENT OF HUMAN SERVICES - DIVISION OF CHILDREN AND FAMILY SERVICES
Qualified Residential Treatment Programs (QRTP)
 by County
 State Fiscal Year 2020



KEY	Provider
1	Centerion Youth Bridge; Ridgeview (SRP)
2	Maggie's House; Boys Shelter; Western Arkansas Counseling and Guidance Center; Fort Smith Children's Shelter
3	COMPACT; Ouachita Children's Shelter
4	Methodist, Methodist (SRP)
5	Haven
6	Youth Home, Centers for Youths and Families, Methodist
7	Lonoke Open Arms
8	Consolidated Youth Services
9	East Arkansas Youth Services, Methodist
10	Vera Lloyd, Methodist

WHAT IS WORKING WELL?

- The Assessment process EQ Health CANS
- Collaboration with providers
- The streamlined screening process
- Referral to providers

CHALLENGES

- No minimum standard regarding or consistent TIC model
- FBI Fingerprinting
- The majority of the providers were not at all prepared for the acuity level of the kids they would get
- Unable to maintain or attract staff

DISCUSSION

